

Ffald-y-Brenin to Letterston - 11 miles

Overview

The route goes across meadows and then down to the beautiful valley of Cym Gwaun. From there it ascends to a farm, then down to moorland bridleways. From there it skirts woodland before joining the road to Letterston. The route finishes at Into the Sticks - a green campsite just outside the village.

Map and Grid References

OS Explorer OL35
Ffald-y-Brenin
Letterston

North Pembrokeshire
SN049352
SM932292

Route

From the retreat centre, walk down the drive and turn right. Take second footpath (not through the picnic area). Cross meadow to footbridge sign in far left corner. Uphill then cross meadow to gate. Turn right to farm. Follow footpath signs to left, through metal gate. Keep wall to right, to stile over a stream. Through metal gate. Go straight ahead on tarmac road (no signs). At left bend go straight ahead on footpath. Cross stile. Go straight ahead. Cross road (1 mile)

Cross field metal gate. Follow footpath signs, dry stone walled path to right. At road, turn left past Ty-Rhys. At T junction, turn right on footpath south to Ty Gwyn (SN023344) Cross road and continue south to Pontfaen and join road. At junction, take left fork on Pontfaen Road to Tyryet. A T-junction, turn right. Track then becomes a footpath. Cross B4313. Continue on track to join Ffordd Mynydd Track (Bridleway) and turn right.

Where bridleways meet at cross-roads, turn right. (1 mile) Cross minor road (1 mile), and go straight on with woods on the right. Keep to this track until it becomes a minor road (1 1/4 miles) Continue on road into Letterston (2 1/2 miles). At railway station, turn right through village. Cross A 40, keeping on B 4331 to St Giles Church on the left. From the church, turn down Midlands Road. When the road bends rounds to the left, turn right at footpath sign, then on towards the campsite (intothesticks.co.uk)

Ref: FLD to LET