

Llanhowel to Solva - 4 miles

Overview

The route goes through farm land, using quiet roads, footpaths and bridleways to reach Solva. Either go via the harbour, or follow directions to coastal path from the headland.

Map and Grid References

OS Explorer Llanhowel	OL 35 North Pembrokeshire SM818274
Solva	SM798241

Route

With church on left, go ahead. Turn left onto byway to Lecha Farm. At junction with road, turn left to cross the bridge and continue on the road uphill and past Caerforiog. Take the next turning on the right and follow the road downhill to Middle Mill.

From the bridge in Middle Mill cross to the road opposite, signposted 'Tregroes ~~Middle Mill~~ Whitchurch' and continue uphill to Whitchurch.

Just before the church turn left to enter a field (VB). Cross field diagonally to stile. Go down the field with the hedge on left to stile. Cross to further stile with hedge on left to end of field. Turn right to stile, then left down track 100 yards to footpath on right and further stile. With hedge on right, go to metal gate in corner. Turn right and continue straight on past footpath sign. The path becomes steep downhill, ending with steps down to Quarry Cottage. Follow the drive down to the main road in Solva.

Cross the main road with care and proceed down Penyraber opposite. Where the road bends sharply to the right take the footpath to the left which descends steeply to come out behind a boat/kayak storage rack *. Turn right to go up the steps at the end of the quay and then take the first short steep uphill footpath on the right. At the top of these steps take the second (tarmac) drive on the left which passes in front of 'The Fort' and carries on uphill to meet another path. Turn left and join the coastal path via a five-bar gate. The way station is in process here (31.3.23). It will be a bench close to the headland.

*Alternatively, turn right to follow a road then footpath alongside the harbour to the car park in Solva where there are public toilets and cafes, pubs and restaurants for food.

Ref: LLH to SOL