

Via Beata

Way of Blessing

Section : Great Moulton to Banham - 10 miles

Route

Turn Right (R) out of drive down path. At junction with Carr Lane, turn Left (L) towards Aslacton. Turn R on FP towards Church. Cross Church Yard diagonally, Footpath to the R. Cross plank bridge, follow FP. Turn L under railway track. Cross meadow, dog leg, L then R. Turn R down lane. Take path to L and pick up signs west on Upper Tas Valley Way.

Leave Upper Tas Valley Way at Muir Road at FP sign in hedge. Turn L, cross field to wooden bridge. Cross meadow on track in corner. Turn R. Cross to railway underpass. Take R fork. Cross into wood and churchyard. Diagonally across church yard to R. Lane to road. Shubbery Farm, (post down) Keep left of ditch towards ?? Follow hedge line till next signpost. Turn L, then R 100 yards. FP sign after field opposite Fir Covert Road (rotten and in ditch)

Across common, indistinct path, aim for Church (End of Upper Tas Valley Way)

NEW BUCKENHAM

At edge of village on L hand bend (past garage). Past St Mary's chapel. Cross B1077 towards Banham



FP on R by "Dam Brigg"
Follow hedge line over seven stiles. Cross Doe Lane. At grey corrugated asbestos barn turn L over FB. Wide path through edge of wood to road.

Keep straight ahead through wood. Join track from L. Keep straight onto road. Turn L on road towards Pub. Cross Road onto Greyhound Road.



Turn R at Junction. Turn L down path. Cross Footbridge, turn R, FP (no sign) Leaving Church on right, enter Church Lane. Turn L at bottom onto road. Turn R on ? road



Past shops.

Take grassy verge (R)

Past White House on right (Fuschia Cottage)

Reach Rowancroft on R and the Way Station - "The Prodigal Son"

Overview

After the churchyard, the path crosses open meadows until it picks up the Tas Valley Way to New Buckenham. This village has many points of interest, including a castle and was the ancient seat of the Dukes of Norfolk. From here the route to Banham is a mix of pathways through woods, lanes and small roads



Points of interest



MAPS AND REFERENCE

Explorer 230 Diss and Harleston

Explorer 237 Norwich

Great Moulton TM168904

Banham TM 054875